

KAHM UNITY WOMEN'S COLLEGE, MANJERI

NCC ANNUAL REPORT 2022-23

NCC Directorate : Kerala & Lakshadweep Dte

Group HQ : Calicut

Unit : 9 (K) Girls Battalion

Total strength (SW) : 106

NATIONAL CADET CORPS (NCC)

The **National Cadet Corps (NCC)** is the youth wing of the Indian Armed Forces with its headquarters in New Delhi, India. It is open to school and college students on voluntary basis as a Tri-Services Organization, comprising the Army, the Navy and the Air Force, engaged in developing the youth of the country into disciplined and patriotic citizens. The National Cadet Corps (NCC) is a youth development movement. It has enormous potential for nation building. The Cadets are given basic military training in small arms and drill.

The NCC Provides opportunities to the youth of the country for their all-round development with a sense of Duty, Commitment, Dedication, Discipline and Moral Values so that they become able leaders and useful citizens. The NCC provides exposure to the cadets in a wide range of activities, with a distinct emphasis on Social Services, Discipline and Adventure Training. The NCC is open to all regular students of schools and colleges on a voluntary basis all over India. The cadets have no liability for active military service once they complete their course but are given preference over normal candidates during selections based on the achievements in the corps.

VISION

- Empower volunteer youth to become potential leaders and responsible citizens of the country.

MISSION

- To develop leadership and character qualities, mould discipline and nurture social integration and cohesion through multi-faceted programs conducted in a military environment.

AIM OF NCC

The ‘Aims’ of the NCC laid out in 1988 have stood the test of time and continue to meet the requirements expected of it in the current socio–economic scenario of the country.

- To Develop Character, Comradeship, Discipline, Leadership, Secular Outlook, Spirit of Adventure, and Ideals of Selfless Service amongst the Youth of the Country.
- To Create a Human Resource of Organized, Trained and Motivated Youth, To Provide Leadership in all Walks of life and be Always Available for the Service of the Nation.
- To Provide a Suitable Environment to Motivate the Youth to Take Up a Career in the Armed Forces.

LIST OF PROGRAMMES CONDUCTED

Sl. No.	Name of activity	No. of students participated	Outcome of activities and evaluation
1.	World Environment Day – Tree Plantation (5 June 2022)	72	All the NCC Cadets planted trees in their home surroundings due to Sunday holiday. The theme of the day was ‘ Only One Earth ’ with the focus on “Living Sustainably in Harmony with Nature”. The day gives Cadets an occasion to think about and understand how we are a part of nature and how intimately and unequivocally we depend on it for survival.
2.	World Blood Donor Day - Talk (14 June 2022)	28	Cadets got knowledge about the importance of donating blood,

			who can donate blood, precautions to be taken while donating blood etc. The class was very informative to the Cadets.
3.	International Day Of Yoga (21 June 2022)	75	The theme of the day was ' Yoga for Humanity '. The instructor CTO Loosiya KP demonstrated and also explained benefits of different asanas like Pranayama, Kapalabhati, Trikonasana, Vriksasana, Vakrasana, Bhujangasana, Chakrasana, Halasana etc. and also Suryanamaskar.
4.	International Olympics Day – Online Quiz Competition (23 June 2022)	71	The theme was ' Together, For a Peaceful World '.
5.	International Day Against Drug Abuse & Illicit Trafficking - Skit (26 June 2022)	80	The main aim of the day was to spread awareness about the physical and psychological impact of substance abuse, drug overdose deaths, and drugs – related problems across the globe.
6.	International Plastic Bag Free Day (4 July 2022)	20	NCC Cadets observed International Plastic Bag Free Day by making paper bags with an aim to raise awareness about the issues of plastic pollution and its harmful impact on the natural environment. The demonstration was given by

			CDT RIMNA. CP (5 th Sem BSc Botany).
7.	World Malala Day – Mime Show (12 July 2022)	60	The United Nations declared July 12 as Malala Day to honour Pakistani young activist Malala Yousafzai who became the international symbol of the fight for women’s education. In 2014, Malala became the youngest-ever person to receive the Nobel Peace Prize. NCC Cadets performed a mime show on the theme ‘ The Life of Malala ’.
8.	Kargil Vijay Diwas (26 July 2022)	37	Kargil Vijay Diwas is commemorated on July 26 to mark the victory of Indian forces and success of Operation Vijay. On this day we salute our brave soldiers, remember our war heroes, martyrs & pay them our respectful tribute.
9.	Quit India Movement Day – Rally – Vocal for Local (8 August 2022)	40	Theme of the rally was ‘Vocal for Local’. It is a government of India initiative, the idea is to encourage local industry and consume as locally as possible, and to use the long-term effects of increased demand to develop domestic industry and gradually become self-sufficient.
10.	75 th Independence Day Celebrations - Azadi Ka Amrit		

	<p>Mahotsav</p> <ul style="list-style-type: none"> ▪ Har Ghar Tiranga (13/8/2022 to 15/8/2022) 	72	<p>‘Har Ghar Tiranga’ is a campaign under the aegis of Azadi Ka Amrit Mahotsav to encourage people to bring the Tiranga home and to hoist it to mark the 75th year of India’s independence. All the NCC Cadets participated in ‘Har Ghar Tiranga’ Campaign’ by hoisting the National Flag on their home surroundings like on windows, doors, balcony and gates etc. from 13th August to 15th August, 2022.</p>
11.	<p>75th Independence Day Celebrations - Azadi Ka Amrit Mahotsav (15 August 2022)</p>	72	<p>Azadi Ka Amrit Mahotsav is an initiative of the Government of India to celebrate and commemorate 75 years of independence and the glorious history of its people, culture and achievements.</p>
12.	<p>Visit To Pookkottur War Memorial Gate (15 August 2022)</p>	72	<p>The Battle of Pookkottur was one of the battles that the Mappilas of Malabar fought against the British army during anti-colonial struggles in 1921 in Malabar province of Northern Kerala. Pookkottur Gate is a War Memorial of 1921 Battle.</p>

			Keynote address was delivered by Adv. Abdurahiman Karat, President, Malppuram Block Panchayat. He well explained the story behind the war memorial gate and the role of freedom fighters of the Malabar region in the freedom struggle of India to NCC Cadets.
13.	Whole College Independence Day Celebrations (17 August 2022)	30	NCC Cadets performed a National Integration Dance.
14.	World Senior Citizen's Day (21 August 2022)	20	Every year World Senior Citizen's Day is celebrated on August 21 to highlight the contribution of elderly individuals to humankind. NCC Cadets visited and spent time with elders from their home and neighbors.
15.	Trekking To Unity Hills (25 August 2022)	15	On 25 th August 2022, 15 NCC Cadets and CTO Loosiya. KP conducted a trek to the nearest Unity Hills in the evening. Cadets actively climbed the hill and they enjoyed it well.
16.	Teachers Day (5 September 2022)	15	On 5th September every year, Teachers' Day is celebrated in India to show gratitude for the efforts and service of teachers. It is the birth anniversary of Dr. Sarvepalli Radhakrishnan. He

			was a former President of India, scholar, philosopher and Bharat Ratna recipient. The NCC Cadets conducted an online caption contest with a photo of their teachers.
17.	International Day Of Charity – Fund collection (5 September 2022)	72	As a part of International Day of Charity on 5th September 2022, NCC Cadets raised a fund collection through Google pay titled ‘DONATE LOVE’ – helping hands for those who need it. The collected amount of Rs. 500 was donated to Palliative Care Clinic – West Branch, Manjeri. CTO Loosiya KP and LCPL Keerthana Sivan coordinated the fund collection.
18.	World Ozone Day – Cleaning Campaign - ‘Green Campus, Clean campus’ (16 September 2022)	72	On behalf of International Day for the Preservation of the Ozone Layer, the NCC Cadets conducted a cleaning campaign named as ‘Green Campus, Clean Campus’. The theme of the day was ‘Global Cooperation Protecting Life on Earth’.
19.	Swachhata hi seva Rally (17 September 2022)	20	As part of the Indian Swachhata League, Manjeri Municipality conducted a ‘SWACHHATA HI SEVA RALLY’ on 17th September, 2022 from the Municipal Building to Seethi Haji Bus Stand, Manjeri.

20.	Gandhi Jayanti – Poster making competition (2 October 2022)	15	By observing Gandhi Jayanti, cadets gain knowledge and to understand the historical events and role of Mahathma in Indian freedom fight. His actions on love over violence influenced the entire nation to come together and fight against the British Raj. The day has its significance as remembers the huge contribution made by the freedom fighters to bring freedom to India.
21.	Gandhi Jayanti – Swachh Bharat Abhiyan – Cleaning Campaign (2 October 2022)	20	As part of Swachh Bharath Abhiyan, on 3 rd October 2022, Cadets cleaned the Gandhi Sculpture in Town hall, Manjeri. CTO Loosiya KP and UO Ayisha Anaina PK coordinated the cleaning programme.
22.	International Day For Older Persons (3 October 2022) NCC Cadets attended the celebration and honoring ceremony of Older Persons conducted by Manjeri Municipality	20	The overall umbrella theme for the United Nations International Day of Older Persons in 2022 was ‘Resilience of Older Persons in a Changing World’ . The important outcomes of observing this day were to raise public awareness about the opportunities and challenges presented to the ageing populations and to mobilize the families, community groups and stakeholders to address the

			difficulties faced by older people. By volunteering the programme, Cadets got a chance to care for them with lots of pleasure. The entire program 'The confluence of beneficiaries of vayomithram and felicitation of senior citizens' was conducted by Manjeri municipality with the message 'Let's wait with care, let's hold hands' .
23.	'Lahari Vimuktha Keralam'– Inaugural Session (6 October 2022)	30	The project aims to ensure drug-free villages/cities and campuses by organising awareness programmes, cleaning campaigns, human chain, different competitions from October 2 to November 1, 2022.
24.	Induction Programme for First Years (7 & 11 October 2022)	150	As a part of the SPRINGBOARD – Induction Programme for First Year UG Students, CTO Loosiyá KP was given a class about 'Introduction of NCC' on 7th and 11th of October, 2022. She explained well about what NCC is, aims, objectives, motto, camps, examination and certificates of NCC.
25.	NCC Enrollment 2022-23 (13 October 2022)	60	On 13th October 2022, NCC first-year enrollment 2022-

			<p>23 was done at KAHM Unity Women's College, Manjeri, in the presence of NCC CTO Loosiya KP and GCI Suja Mam, Sub Major Gulam Hussain, Pankaj Kumar, and Prahlad (the Officers of 9(K) Girls Battalion NCC, Calicut). About 60 NCC aspirants gathered at the College Indoor Stadium at 9:30 am. The college Principal, Dr. Muhammed Basheer Ummathur talked about NCC. Selection of NCC cadets was done by interview and physical tests. 34 cadets were selected. And there was also a parade for second and third year cadets.</p>
26.	<p>Mission Life Launch Programme (20 October 2022)</p> <p>Lifestyle for the Environment (LiFE) Movement</p>	40	<p>Lifestyle for the Environment (LiFE) Movement - an India-led global mass movement to nudge individual and community action to preserve the environment. The idea of LiFE was introduced by India during the 26th United Nations Climate Change Conference of the Parties (COP26) in Glasgow in 2021. The idea promotes an environmentally conscious lifestyle that focuses on 'mindful and deliberate utilisation'</p>

			instead of 'mindless and wasteful consumption'.
27.	Pothichoru (25 October 2022)	35	NCC Cadets donated Pothichoru (Packed Lunchs) to Shalomatha Bhavan, Cherani, Manjeri in association with the Home Science department. It belongs to the Franciscan Missionary Sisters Association. It is a home for mentally ill and destitute women. Presently, 68 inmates are there. Cadets donated 35 packed lunches.
28.	Aerobic Dance (26 October 2022) On the behalf of anti drug awareness month	60	The main theme of the session was 'Get addicted to exercise, not to drugs'. Aerobic dance have a lot of health benefits as it helps in reducing weight and another benefit of aerobic dancing is that it reduces stress and uplift mood. It was really a cool session, everyone enjoyed it.
29.	Drug Abuse And Youth - Talk (27 October 2022)	20	On behalf of anti-drug awareness, on 27th October 2022, NCC and NSS organized a session on 'Drug Abuse & Youth'. The talk given by Mr. Jishil Nair E, Excise Range Officer, Manjeri and Vimukti coordinator. He mentioned many of his experiences as an officer. The worst part is that the

			majority of the drug users and drug dealers are youngsters. Many of them are teenagers. College principal Dr. Muhammad Basheer Ummathoor Sir inaugurated the program. NCC cadets, NSS volunteers, CTO Loosiya KP, Dr. Hikamathulla and Dr. Jasna participated in the session.
30.	White Cane Day - Stamp collection (1 November 2022)	72	NCC cadets collected fund for blinds on behalf of White Cane day (October 15). A stamp sheet was given to each cadets containing 20 stamps which was distributed to other students and staffs by collecting 10 rs per stamp. Total 15000 rupees was collected.
31.	Puneet Sagar Abhiyan (25 November 2022)	106	The month-long 'Puneet Sagar Abhiyan project' was started on December 1 by NCC to clean water resources off the plastic and other waste materials. On behalf of this NCC cadets took pledge and received Puneet Sankalp Certificates.
32.	Voice Of Unity – Interview (25 November 2023)	3	NCC Day is observed on the fourth Sunday of November. On behalf of this, three NCC cadets conducted an interview through the radio of college 'Voice of Unity'. CPL Sarah Hamza 6th

			sem Bcom Cooperation who have recently attended ALC camp held at Coimbatore was interviewee and CDT Daliya TP 4th sem Bsc. Botany was the interviewer. CDT Noora CK 4th sem Bsc. FCS was the program coordinator
33.	Constitution Day	1	Constitution day also known as "National Law Day", is celebrated in India on every year 26th November to commemorate the adoption of the Constitution of India. On 26 November 1949, the Constituent Assembly of India adopted the Constitution of India, and it came into effect on 26 January 1950. On that day the NCC cadet of 4th Sem Bcom Cooperation LCPL ANIKETH RANJIT presented a video presentation on the importance of constitution in india
34.	Aloka – NCC Day Celebration (30 Nov 2022)	106	The NCC cadets of KAHM Unity Women's College conducted the NCC Day celebration on Nov 30th. Celebration was started with the March -fast which was led by UO Ayisha Anaina P K and it was beautifully followed by the cadets with full Josh and

			enthusiasm. The program Chief Guest was Capt. Dr Meeradevi mam who was former NCC ANO. Welcome speech, presidential address and felicitation was delivered by CTO Loosiyah KP, Principal Dr. Muhammed Basheer Ummathoor and Manager Abdul Ali O respectively. A special appearance was given to the NCC cadets who attended special camps and momentous was given
35.	Swatchhata Campaign (9 November 2022)	20	As a part of Swatchhata Campaign, twenty NCC cadets actively participated in cleaning process at a plot near to college on 9th November 2022. The program was led by Sub. Sunil Kumar, CTO Loosiyah KP and UO Ayisha Anaina PK.
36.	World Aids Day – Blood Donation (2 December 2022)	4	Every year, on 1 December, the world commemorates World AIDS Day. People around the world unite to show support for people living with and affected by HIV and to remember those who lost their lives to AIDS. The NCC Army wing observed World AIDS Day on 2nd December 2022 by donating blood. Under officer Ayisha

			<p>Anaina PK(5th Sem BA English) and three first year cadets donated blood to Blood Bank, Medical College, Manjeri. The blood donation was aimed at encouraging students to step forward and donate blood. The main objectives were to sensitize the need to donate blood to the needy in time, to instill the feeling of helping others to breathe life with their precious donation, to impart to them the value of blood donation, and to be aware of scientific information about the blood group. The blood donation was coordinated by CTO Loosiya. KP.</p>
37.	<p>Armed Forces Flag Day (7 December 2022)</p>	200	<p>Since 1949, 7th December has been observed as the Armed Forces Flag Day throughout the country to honor the martyrs and the men in uniform who valiantly fought on our borders to safeguard the country's honor. 245 token flags and one hundi box were collected from the Battalion and cadets distributed it in the college and collected Rs. 2450. And this amount and hundi box was given to 9 (K) Battalion NCC,</p>

			Kozhikode. This fund is being utilized for the welfare of serving and retired soldiers and their dependents.
38.	DGNCC APP - Disaster Management Video (25 December 2022)	7	As a part of the familiarization of DGNCC Training App, cadets created a video on 'Disaster Management' on 25th December, 2022. The App aims to provide basic information related to NCC and entire training material including Syllabus, training videos etc on single platform.
39.	VISIT OF ADMISTRATIVE OFFICER MAJOR ANITA JETHI (27 December 2022)	106	There was a surprise visit by Major Anita Jethi mam, Administrative Officer, 9 (K) Girls Battalion NCC, Kozhikode on 27th December 2022. SM Gulam Saab also accompanied her. She met Principal Dr. Muhammed Basheer Ummathur. She visited the NCC room, canteen and also talked to cadets.
40.	Visit To Pakalveed (For Senior Citizens) – (31 December 2022)	20	NCC Cadets of KAHM Unity women's College, Manjeri visited 'Pakalveed' for senior citizens at Karikkad, Trikalangode Grama Panchayat on 31st December 2022. Pakalveed is a platform for the

			elderly to spend their daytime, to share their life experience and to perform various cultural activities. They shared their life experiences that enlightened the cadets' hearts and strengthened their knowledge.
41.	Palliative Care Day Fund Collection (12 January 2023)	10	As a part of Palliative Care Day (15 Jan 2023) NCC cadets actively participated in the fund collection on 12 Jan 2023, organized by Palliative Care Units in Manjeri area. Palliative care is an approach that improves the quality of life of patients and their families facing the problems associated with a life-threatening illness, through the prevention and relief of suffering by means of early identification and impeccable assessment and treatment of pain and other problems, physical, psychosocial and spiritual. 10 cadets participated in the fund collection at Manjeri Bus stand.
42.	Republic Day Celebration – Inter Department Quiz Competition (25 January 2023)	26	As a part of 74th Republic day, NCC Army wing conducted an Inter-Department Quiz Competition on 25th January 2023 in room no. AB07. The topic for the quiz was Republic

			Day and General Knowledge of India. In a total, 13 teams participated in the quiz.
43.	74 th Republic Day Celebration (26 Januray 2023)	106	The Republic Day of India is celebrated every year on January 26th to commemorate the day when the Constitution of India came into effect in 1950. This important day marks the transition of India from a British colony to a republic. The NCC Army wing Republic Day celebration started with the flag hoisting by College Principal, Dr. Muhammed Basheer Ummathur. CTO Loosiya. KP welcomed the college Principal and the cadets. After that, the Principal delivered the Republic day message to NCC Cadets. A vote of thanks was given by UO Ayisha Anaina. PK (6th Sem BA English). The programme ended with the NCC Song and the National anthem.
44.	RD Parade Live Telecasting (26 Januray 2023)	106	NCC Cadets watched the live telecasting of 74 th Republic Day celebrations held at New Delhi. This year Republic Day celebration was themed around ' Jan-Bhagidari (participation of people) '. Honorable President Smt. Droupadi and Honorable

			<p>Prime Minsiter Shri. Narendra Modi led the nation in celebrating the 74th Republic Day.</p> <p>Every year, the celebrations marking the day feature spectacular military and cultural pageantry. In New Delhi, armed forces personnel march along the Kartavya path in an elaborate display of military might. The epic show on Kartavya path eclipses everything else happening across the country on this auspicious day.</p>
45.	Cleaning Campaign (27 January 2022)	20	<p>NCC Cadets of KAHM Unity Women’s College, Manjeri participated in the ‘Litter Free Kerala Campaign’ conducted by Manjeri Municipality on 27 Jan 2023 at Mullampara junction, Manjeri. The campaign was inaugurated by Smt. VM Subaida, Chairperson of Manjeri Municipality. 20 cadets participated in the campaign. CTO Loosiya KP coordinated the students.</p>
46.	Interaction With Ex-Army Officer (27 January 2022)	20	<p>On 27th Jan 2023, NCC Cadets got a chance to interact with an Ex-Military Officer, Premnath,</p>

			Ex-Army Signals at Manjeri Municipality. He shared his experiences in the army and he also explained the opportunities and scope of NCC Cadets to join the Indian Army.
47.	Visit of Hon'ble Rajya Raksha Mantri, Shri Ajay Bhatt (4 February 2023)	6	6 cadets participated in contingent march on behalf of Hon'ble Rajya Raksha Mantri, Shri Ajay Bhatt visit.
48.	NCC 'B' and 'C' certificate exam oriented classes (14 February 2023)	69	All second & third year NCC cadets attending exam oriented practical and theory sessions at 9 (K) Girls Battalion NCC, West Hill, Calicut.
49.	NCC 'C' Certificate Examination (18 & 19 February 2023)	34	Practical exam held at NCC Complex West Hill, Calicut and Written test was at JDT Islam Centre, Velimadumkunnu
50.	Visit to ILU Thanal (Early Intervention Centre), Manjeri (23 Feb 2023)	130	20 NCC Cadets and CTO Loosiya KP, visited ILU Thanal (Early Intervention Centre), Manjeri. The centre helps differently abled children to improve their abilities and learn new skills through therapies and activities.
51.	NCC 'B' Certificate Examination (4 & 5 March 2023)	37	Practical exam held at NCC Complex West Hill, Calicut and Written test was at JDT Islam Centre, Velimadumkunnu
52.	Educare Vanitha Marathon 2023	20	NCC Cadets participated in the

	– International Women’s Day Celebration (5 March 2023)		5 kms Vanitha Marathon on behalf of the International Women’s Day Celebration conducted by Educare Institute of Dental Sciences, Malappuram. The theme of the run was ‘ Run beyond limits ’. 10 cadets successfully completed the marathon. CDT Asna Sherin was the student coordinator.
53.	Unity Girls ' Bikeathon 2023 (8 March 2023)	10	In connection with international women's day on 8 March 2023, the Internal Quality Assurance Cell (IQAC) of the college, in association with Department of Physical Education, NCC and NSS organised Unity girls' Bikeathon- two wheeler rally from the college to Manjeri town, and then the riders assembled at Municipal office, Manjeri for official program.
54.	Sparsham 2023 – Palliative Care Units Get Together (14 March 2023)	20	Hasstham, Manjeri Municipality conducted a get-together of Palliative Care Units of Manjeri area named as 'Sparsham 2023' on 14th March 2023 at VP Hall, Manjeri. The programme inaugurated by Smt. VM Subaida, Chairperson of Manjeri Municipality. 10 NCC cadets got a chance to be a part of the

			<p>event and the opportunity to interact and entertain the patients who gathered. A total of 500 people attended the programme. Cadets and palliative care inmates performed various cultural activities. LCPL Ayisha Risni was the student coordinator.</p>
55.	<p>Award Ceremony (6 March 2023)</p>	15	<p>On the occasion of college day celebration – Ukiyo 2023 conducted by Erica students union on 6th March, 2023, NCC awards distributed for the academic year of 2022-23. UO Ayisha Anaina PK got outstanding performance award. CPL Jelwa Mol. C deserved award for best outgoing cadet 2020-23 batch. Special appreciation awards given to SGT Dhijila. K, SGT Rameeza. M and CPL Sarah Hamza M. And also distributed awards for special camps attended by cadets. Mrs. Ashwathi, Assistant Professor, Department of English and CTO Loosiya. KP coordinated the award</p>

			ceremony.
56.	Earth Hour Observation – Poster making competition (25 March 2023)	24	As part of Earth Hour 2023, NCC Army Wing of KAHM Unity Women’s College, Manjeri conducted a poster making competition on the theme ‘Global Warming’. 24 NCC Cadets participated in the competition.
57.	Earth Hour Observation (8.30 to 9.30 pm on 25 March 2023)	80	As part of Earth Hour 2023 observation, cadets switch offed unnecessary lights of their homes.